



August 25, 2016
10:00 a.m. – 11:30 a.m.

Catholic Charities Community Services
4747 North 7th Avenue, Phoenix, AZ 85013

Engaging and mobilizing faith communities to improve the quality of life for vulnerable and impoverished individuals and families through a statewide collaboration of faith-based, community and governmental organizations.

Minutes

I. Welcome, Invocation & Introductions

Chair Gary Kinnaman welcomed attendees. Jeff Skeens opened the meeting with a word of prayer. Attendees introduced themselves. The Sign-In sheets, and all meeting archives, may be found at www.GodEnriches.org, click on "About."

II. Adverse Childhood Experiences

Marcia Stanton
Injury Prevention Programs, Strong Families
Phoenix Children's Hospital

Marcia spoke about the ACEs Study and what the data tells us about how adverse childhood experiences impact quality of health throughout the lifespan. The presentation has a great deal of data for each of us to understand. The presentation is here: <http://arizonafaithcouncil.org/wp-content/uploads/2011/11/ACE.pdf>.

Marcia suggested a few additional on-line resources:

- Research ACE at <https://acestoohigh.com/>
- TED Talk - Childhood Trauma and How It Affects Health Across a Lifetime: https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en
- CDC ACE Study: <http://www.cdc.gov/violenceprevention/acestudy/>
- Harvard - Center on the Developing Child: <http://developingchild.harvard.edu/>

A couple comments that I (Chuck) thought were particularly significant (in my words):

- The top ten health related causes of death in adults can be directly attributed to adverse childhood experiences.
- Stress is a neuro-toxin; that is, stress can affect the brain and its development.
- The four health-related vital signs are: respiration, heart rate, blood pressure, relationships.

Marcia leads the Arizona ACE Consortium and the consortium has room for more community advocates/champions. If you are at all interested, please contact Marcia to get connected.

Marcia Stanton, mstanto@phoenixchildrens.org, (602) 933-3342.



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on Faith-Based and
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III. Updates

- a. Family Bridges' "The Secrets of Santa Monica"; September 8 – 11. Eddie Morales, www.familybridgesusa.org, spoke about this live performance being a tool to help strengthen families. Please suggest one of these performances to families you serve and support. To purchase tickets, visit <http://www.box-officetickets.com/AZ/Phoenix/Orpheum-Theatre-Phoenix-Tickets>, click on "Los Secretos"
- b. Helping Christian Boys Thrive; October 22. Pastor Tim Wright spoke about how our society is losing its boys, and how this event will help to reverse this trend for anyone who works with or raises boys. As members of the faith council, you will receive weekly updates on the event with details for attending. You can get a lot more information at www.helpingchristianboysthrive.org and via upcoming email messages.
- c. Other
 - Christina Plante, City of Goodyear, spoke of an upcoming "para-medicine" consortium. This conversation is the beginning of a movement to help prevent ER visits and Hospital stays by our community members. Here are all of the details: <http://conta.cc/2bFLwDS>

IV. Closing Remarks and Adjourn

Closing prayer by Richard Morrison. Next meeting is September 22nd at 10AM at Catholic Charities. Speakers will be Lori Kataroff with Mothers Against Drunk Driving, and Michelle Curry with JustServe.

Submitted by
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